

BECOME A GAME CHANGER COACH

Upcoming XV-a-Side CPD Courses

Merseyside CPD's	<u>Date / Time</u>	<u>Venue</u>
Coaching Back Attack	Monday 31 st July : 6.30-9pm	Sefton RUFC
Coaching Continuity	Wednesday 2 nd August : 6.30-9pm	Newton Le Willows RUFC
Coaching Ruck & Maul	Friday 4 th August : 6.30-9pm	Anselmians RUFC
Coaching Continuity	Monday 7 th August : 6.30-9pm	Liverpool College
Coaching Back Attack	Wednesday 9 th August : 6.30-9pm	West Park SH RFC
Coaching Defence	Friday 11 th August : 6.30-9pm	Southport RFC
Coaching Back Attack	Monday 14 th August : 6.30-9pm	Birkenhead Park RUFC
Coaching Defence	Friday 18 th August : 6.30-9pm	Newton Le Willows RUFC
Coaching Ruck & Maul	Monday 21 st August : 6.30-9pm	Widnes RUFC
Coaching Continuity	Wednesday 23 rd August : 6.30-9pm	Oxton Parkonians RUFC
Coaching Defence	Friday 25 th August : 6.30-9pm	Caldy RUFC

To Search & Book on to any of the above course please go to; http://www.englandrugby.com/my-rugby/courses/search/#/search

To complement the coaching qualification pathway, a range of CPD short courses are available to further develop coaching expertise. These help to develop coaches' knowledge and application of technical, tactical factors that affect a player's performance.

CPD plays an important part in the development of a coach, and coaches should undertake these courses before, after and alongside attendance at qualification courses.

The courses are designed to support coaches with training appropriate to the type of player they are working with. For this reason the CPD programme contains several subject titles that are subdivided to cater for specific player populations and the content and delivery will be appropriate for the attending coaches and their needs.

The coaching pathway from the base to the summit is not a straight path, and CPD mixed with practice (i.e. coaching application) will enhance your chances of becoming a more effective coach for the benefit of your players.



England Rugby