Lancashire County Rugby Football Union



Lancashire U20s

Durham U20s



Tyldesley RUFC

Kick Off—2:15pm

Sunday 26th January 2020



Lancashire County RFU 2019-2020

President: Gill Burns MBE

Senior Vice President:

Brian Stott

Vice Presidents:

CA Baker, JRS Greenwood,

A James, M Nelson.

Chairman: Dave Clarke
Hon. Sec: Mark Downs

Board of Directors:

K Andrews, CA Baker, RTJ Briers, D Clarke, P Deakin, M Downs, JRS Greenwood, H Hughes, JT Hughes. AS Kerboas.

MJ Worslev.

County Champions:

1891, 1935, 1938, 1947, 1948, 1949, 1955, 1969,

1948, 1949, 1955, 1969, 1973, 1977, 1980, 1982,

1988, 1990, 1992, 1993,

2003, 2006, 2009, 2010,

2011, 2013, 2014, 2017,

2018.





Lancashire Rugby

www.lancashirerugby.co.uk

Welcome from the President of Lancashire County RFU

On behalf of Lancashire Rugby Football Union it gives me great pleasure to welcome Durham RFU U20s today.

It is a tremendous honour for any rugby player to pull on a county jersey and to play alongside the very best from their locality.



Congratulations to all the players, on both teams, for deserving this wonderful privilege.

Whether you're a player, coach, manager, match official or supporter I hope you enjoy a convivial welcome and a memorable day.

I would like to thank Tyldesley Rugby Club for hosting today's fixture as we realise how much hard work goes on behind the scenes to hold a fixture of this kind. To the staff, and much valued volunteers, your support is greatly appreciated.

Sincere thanks must also go to the match officials, Messrs, Henry, Nuttall and Judge who work so hard to ensure we all enjoy the game.

I hope you all have an enjoyable afternoon and I would like to send you very best wishes for the rest of the season.

Gill Burns MBE President

Sustainability.

As a County we print over 6000 programmes per season with a minimum of over 300kg of paper used.

We hope this experimental e-programme will go a small way to offsetting our carbon footprint and may start a revolution.

Mark Downs. Hon-Secretary

Managers Word



Welcome to Tyldesley for today's Jason Leonard National U20 County Championship game.

Hopefully our opponents Durham

have had an uneventful journey down to Lancashire and the weather has held off so that we can enjoy a truly Northern Rugby feast.

Today's Match Officials are provided by the Manchester & District RU Referees Society and are led by Mr. Kieron Henry who officiated in our Group Games last season, have a good game gentlemen.

I'd like to thank Tyldesley for hosting the game today and also mention Wigan RUFC who have hosted our Training Sessions. This season our U20 Squad is a nice mix of players from last season who experienced our run to Twickenham and a good amount of newcomers to the Age Grade.

Whatever today's result I'm sure everyone will enjoy the experience and put themselves in not only in a strong position in the Qualifying Group but also the minds of the North U20 Selectors.

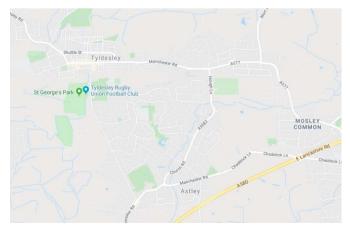
The past two seasons Lancashire U20 Captains have gone on to Captain the North U20 and England Counties U20 I'm sure our Captain today Matt Ashcroft will be focussed on this game but what price for making it a hat-trick? Only time and excellent performances will tell.

Good luck.

Dickie Buckley U20s Manager

How to find Tyldesley RUFC

St Georges Park, Astley St, Tyldesley. M29 8HG.





Lancashire U20s

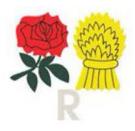
1.	Alex Brooks	MMU	Burnage
2.	Drew Stephenson		Fylde
3.	Matt Ashcroft (C)		Fylde
4.	Ciaran Sutcliffe	NTU	Paviors
5.	Jacob McHugh		Blackburn
6.	Connor James	MMU	Sedgley Park
7.	Ryan Woolfenden	MMU	Sedgley Park
8.	Adam Christey		Eccles
9.	Jacob Tansey	Bath Univ	
10.	Ben Turner	Bath Univ	
11.	Jack Martin	MMU	
12.	Joe Kilbride		Heaton Moor
13.	Henry Higginson	Durham Univ	Vale of Lune
14.	Will Walmsley	Leeds Beckett	Blackburn
15.	Harris Morris		Huddersfield
16.	Sam Kyle-Clay		Kirkby Lonsdale
17.	Stijn Fietsma	Myerscough	Preston Grasshoppers
18.	Theo Hulbert	MMU	Sandbach
19.	Josh Jones		Wigan
20.	Dalton Firth	MMU	
21.	Will Gregory		Fylde
22.	Ben Gould	Leeds Beckett	Fylde
	Leon Simpson		Sedgley Park
	Blake Snell		Vale of Lune
_	Managani	Diekie Buekley	

Team Manager: Dickie Buckley
Coach: Richard Byrne
Coach: Elliott Lewis
Coach: Mike Smith
Coach: Alex Ward



1.	Nathan Smith		Percy Park
2.	Niall Greenlaw		Horden & Peterlee
3.	Dylan Penny		Billingham
4.	Oliver Smith		Consett
5.	Harry Ledger	Durham Univ	
6.	Will Seymour		Westoe
7.	Will Jewitt		Durham City
8.	Dan Teare (C)	Durham Univ	•
9.	Hugo Carter	Durham Univ	
j. 10.	James Coxon	Durnam Oniv	Durham City
11.		Durchage Units	Durnam City
	Tomasso Simpkins	Durham Univ	
12.	Matthew Price	Durham Univ	
13.	Leon Turnbull	Durham Univ	
14.	Alex Osijo	Leeds Beckett	Morley
15.	Joe Ross		Billingham
16.	Joe Sawdon	Durham Univ	
17 .	Henry Simmons	Durham Univ	
18.	Peter Douglas	Durham Univ	
19.	Sam Shanks		Darlington MP
20.	Niall Pace		Durham City
21.	Luke Redfern		
22.	Oli Bartles-Smith		
	Louie Groark		Sunderland
	Dan Shield		Bishop Auckland

Team Manager Bill Lynch Lead Coach Sean Wiles



Todays Match Officials



Please Respect The Man in the Middle.

"I don't think we've met before, but I'm the referee...

this is not soccer."

Lancashire U18s v Yorkshire U18s









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www.southportcryotherapy.com



Cryotherapy Benefits

Reduces inflammation
Increases energy
Lessens muscle soreness and tension
Relieves pain from injuries or joint disorders
Boosts metabolism and contributes to weight loss
Increases collagen production, reducing cellulite and signs of aging

Improves mood via a rise in endorphins

Has an anti-oxide effect, which can slow aging and help prevent
osteoporosis

Has also been used to help elevate testosterone levels in men Supports the treatment of multiple sclerosis Helps solve insomnia, migraines, gout and asthma

'Always there to lend a Cauliflower Ear'

Mental Health & Emotional Wellbeing support campaign provided by Lancashire County RFU

Mental health & emotional wellbeing issues affect, directly or indirectly, many people. It is estimated that 1 in 4 people in the UK will experience a mental health problem each year and 1 in 6 people in the past week experienced a common mental problem!!

That's just over 2 players in your team! Yet, your teammates facing these challenges can face stigmatisation and discrimination leading to a reluctance to reach out for timely support.

The Cauliflower Ear is a rugby club-based campaign, created & funded by Lancashire County RFU, aimed at increasing awareness of mental health & emotional wellbeing issues within clubs and providing support as needed.

Bespoke artwork posters displayed prominently in clubs will provide a focal point to raise consciousness and provoke positive conversations around mental health & emotional wellbeing. The artwork will be changed throughout the season to maintain a freshness and continue the conversation. It carries the contact details for professional support with counsellors put in place & funded by Lancashire County RFU to support the members of its constituent clubs.

Alongside this, the aim is for each club will have a mental health champion specifically trained in mental health awareness and who is knowledgeable of services available so they can signpost people requiring support in the right direction.

You don't need to be a trained health care professional to care.

You don't need to be a trained health care professional to have a conversation.

You don't need to be a trained health care professional to

'lend a Cauliflower Ear'!



Fixtures 2019-2020

Team	Opposition	Result	Venue
Senior XV Mens			
09 May 2020	Durham (H)		
16 May 2020	Eastern Counties (H)		
23 May 2020	Yorkshire (A)		
21 Jun 2020	Final		Twickenham
Senior XV Womens			
25 Apr 2020	Northumberland (H)		
09 May 2020	Durham (A)		
16 May 2020	Yorkshire (H)		
23 May 2020	Semi Final		
U20s			
26 Jan 2020	Durham (H)		Tyldesley RUFC
23 Feb 2020	Yorkshire (A)		Yarnbury RUFC
29 Mar 2020	Quarter Final		rambary nore
12 Apr 2020	Semi Final		
03 May 2020	Final		Twickenham
03 Way 2020	Tilla		TWICKEIIIIaiii
Royals XV			
28 Dec 2019	Anti Assassins	Won 21-24	Blackburn RUFC
12 Feb 2020	Cheshire Harvesters (H)		
16 May 2020	Eastern Counties (H)		
U18s Boys			
01 Dec 2019	Durham (A)	Won 17-38	Blaydon RFC
15 Dec 2019	Cheshire (A)	Won 31-33	Chester RFC
12 Jan 2020	Yorkshire	Won 29-16	Penrith RUFC
U18s Girls			
<u>0103 Giris</u>			
U17s Boys			
01 Mar 2020	Yorkshire (A)		Selby RUFC
05 Apr 2020	Cheshire (H)		
26 Apr 2020	Cumbria (H)		
U16s Boys			
19 Jan 2020 "Blues"	Yorkshire Reds (H)	Won 29-24	Burnage RUFC
19 Jan 2020 "Reds"	Yorkshire Blues (H)	Won 33-24	Burnage RUFC
02 Feb 2020	Cheshire A & B (A)		Chester RUFC
01 Mar 2020	East Midlands A & B (H)		
U15s Boys			
15 Mar 2020	Yorkshire (H)		
29 Mar 2020	Cheshire (A)		
U15s Girls			