

Lancashire County Rugby Football Union



Lancashire U16s

v

Yorkshire U16s



**Burnage RUFC**

**Kick Off—1:15pm & 2:45pm**

**Sunday 19<sup>th</sup> January 2020**



**Lancashire County RFU  
2019-2020**

**President:** Gill Burns MBE

**Senior Vice President:**

Brian Stott

**Vice Presidents:**

CA Baker, JRS Greenwood,

A James, M Nelson.

**Chairman:** Dave Clarke

**Hon. Sec:** Mark Downs

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MJ Worsley.

**County Champions:**

1891, 1935, 1938, 1947,

1948, 1949, 1955, 1969,

1973, 1977, 1980, 1982,

1988, 1990, 1992, 1993,

2003, 2006, 2009, 2010,

2011, 2013, 2014, 2017,

2018.



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## Welcome from the President of Lancashire County RFU

On behalf of Lancashire Rugby Football Union it gives me great pleasure to welcome you all to Burnage Rugby Club today. There is nothing like a Lancashire v Yorkshire fixture so whether you're a player, official or supporter I hope you enjoy a convivial welcome and a memorable day.



This is the second time the two counties have met this season and although Lancashire enjoyed a very fine win in last weekend's under 18 fixture we are always aware of how powerful, well drilled and passionate our friends from the white rose county are.

To our Lancashire Players I would like to congratulate you all on your selection to represent this proud county and hope you, the coaches, management and supporters enjoy the day as much as our Yorkshire opponents do.

Sincere thanks must also go to the match officials, who work so hard to ensure we all enjoy the game, and to our hosts here at Burnage for entertaining our squads.

Gill Burns MBE  
President

### Sustainability.

As a County we print over 6000 programmes per season with a minimum of over 300kg of paper used.

We hope this experimental e-programme will go a small way to offsetting our carbon footprint and may start a revolution.

Mark Downs. Hon-Secretary

## Managers Word



I would like to welcome all players, families & friends to what will be 2 excitable games. All players involved should be proud to be wearing the county shirt irrespective of which game they are playing in. Both counties will field blended teams and all players starting on the bench will play a minimum of half a game.

I would like to thank Burnage Rugby Club for hosting today's games, they have been a big supporter of county rugby for which we are grateful. Hosting 2 games involving up to 100 players including family & friends is a huge logistic undertaking. To ease the burden in the clubhouse, food for players in the first game will be served at 14:50hrs followed by presentations,

food for players in the second game will be served at 16:10hrs followed speeches and presentations.

The pathway to the county programme started back in October were the Lancashire U16 management and coaching team in partnership with Sale Sharks Academy delivered 4 sessions as part of the DPP programme, players were continually assessed as were the players not involved in the DPP programme but part of the Sale Development Group (SDG).

Lancashire v Yorkshire games have always been physical encounters but played in the best of spirit and I expect no different today. It just leaves me to wish the players the best of luck, play with pride and confidence but most of all enjoy the experience.

Bill Nichol  
*Manager U15s & U16s Group*

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## How to find Burnage RUFC

Battersea Road, Heaton Mersey, Stockport, SK4 3EA





## Lancashire U16s “Blues”

1.	Adam Milnes	Merchant Taylors	Firwood Waterloo
2.	Ben Campbell	Byrchall HS	Leigh
3.	Bailey Whitehead	Kirkham GS	
4.	Patrick Jones	Merchant Taylors	Firwood Waterloo
5.	Ellis Causey	Standish HS	Liverpool St Helens
6.	Tristian Woodman	AKS Lytham	Fylde
7.	Robbie Edginton	St Mary’s College	Firwood Waterloo
8.	Rowan Tweedale	Alder Grange HS	Rossendale
9.	Kieran Kerr	St Edwards College	Liverpool Collegiate
10.	Ted Church	Merchant Taylors	Firwood Waterloo
11.	Joseph Finnegan	Merchant Taylors	Firwood Waterloo
12.	George May	St Mary’s College	Firwood Waterloo
13.	Samuel Curley	Chorlton HS	Broughton Park
14.	Tobias Parkinson	Kirkham GS	Fylde
15.	Tom Lee	St Peters RC HS	Orrell
16.	Jake Rimmer	Clitheroe RGS	Orrell
17.	Joe Osivwemwu	Lancaster RGS	
18.	Ben Holmes	Cheadle Hulme	Manchester
19.	Alexander Fowler	Hutton GS	Fylde
20.	Sam Crowther	St Patrick’s RC HS	Eccles
21.	Theo Littler-Butterworth	St Aidens	Fleetwood
22.	Alexander Whitfield	Stoneyhurst College	
23.	James Causey	Rainford HS	Liverpool St Helens

Head of Rugby:	Bill Nichol
Coach:	Richard Byrne
Coach:	Elliott Lewis
Coach:	Mike Smith
Coach:	Alex Ward



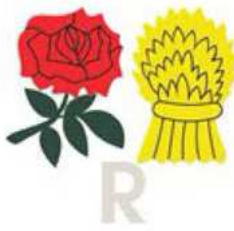
## Yorkshire U16s “Reds”

1.	Ben Reynolds	Kettlethorpe HS	Sandal
2.	Joe Knox	Carleton HS	
3.	Layton Morris	Honley HS	
4.	Charlie Plein	Woodhouse Grove	
5.	Harry Mathew	Settle College	Nth’ Ribblesdale
6.	Zeno Coultas	Queen Ethleburgas	WP Leeds
7.	Barnaby Horberry	Harrogate GS	
8.	Toby Calvert	QEGS Wakefield	

9.	Ollie MacNab	Settle College	Wharfedale
10.	William Groves		
11.	Manoa Wacokecoko	Wolfeaton	Hullensians
12.	Oliver Aston	GSAL	
13.	George Worthington	Woodhouse Grove	
14.	William Enright	QEGS Wakefield	
15.	Harry Jackson	Prince Henrys GS	

16.	Tom Goldthorpe	Kings School Pontefract	
17.	Ryan Cubbin	Queen Ethelburgas Collegiate	
18.	Nathanies Ester	St Peters York	
19.	George Hammond	Woodhouse Grove	Baildon
20.	Danny Prescott	Pocklington School	Beverley
21.	Jake Smith	Wolfeaton	Hullensians
22.	Lewis Bloodworth	Bradford GS	

Team Manager/Chair of Selectors	Kevin Davey
Lead Coach	Tom Ryder
Coach	Dan Storey
Coach	Declan Hampson
Coach	Wayne Warren



## **Today's Match Officials**

**1:00 pm Kick Off**

**Mr Michael Keiley**

**2:45 pm Kick Off**

**Mr Allan Judge**



**Please Respect The Man in the Middle.**

**"I don't think we've met before, but I'm the referee... *this is not soccer.*"**



## Lancashire U16s “Reds”

1.	Theo Bishop	Hutton GS	Fylde
2.	Regan McShane	Longridge HS	Preston Grasshoppers
3.	Nathan Bell	Audenshaw	Aldwinians
4.	Thomas Mills	Oulderhill	Littleborough
5.	Toby Merrick	AKS Lytham	Fylde
6.	Eddie Abdelghafar	Carnforth HS	Vale of Lune
7.	Yande Nkonge	Kirkham GS	
8.	Tom Campbell	St Peters RC HS	Orrell
9.	Jack Bennetta	Wardle Academy	Littleborough
10.	Nathan Evans	Hutton GS	Fylde
11.	Daanish Sulaman	Phillips High	Sedgley Park
12.	Henry Harper	Priestnall	Heaton Moor
13.	Aaron Pope	Kirkham GS	
14.	Anthony Chadaidy	Cheadle Hulme	Manchester
15.	Niall Povall	Shevington HS	Orrell
16.	Tom Hoad	Kirkham GS	
17.	James Bonia	Ripley St Thomas	Vale of Lune
18.	Jake Merrick	Kirkham GS	
19.	Ben Dobson	Ripley St Thomas	Vale of Lune
20.	Matt Duncan	AKS Lytham	Fylde
21.	Louis Lord	Mooreshide HS	Eccles
22.	Scott Ballard	Darwen Vale	Fylde
23.	Isaac Quarry	Ripley St Thomas	Vale of Lune

Head of Rugby:	Bill Nichol
Coach:	Richard Byrne
Coach:	Elliott Lewis
Coach:	Mike Smith
Coach:	Alex Ward



## Yorkshire U16s “Blues”

1.	Billy Spruyt	Pocklington School	Pocklington
2.	Paul Blakey	Woodhouse Grove	Baildon
3.	Pharrell Parker	Roundhay School	
4.	Braemar Murray	QEGS Wakefield	
5.	Tom Peach	GSAL	
6.	George Heptinstall	Silcoates School	
7.	Archie Medway	Ilkley GS	
8.	Harry Willard		
9.	Jack Harris	GSAL	
10.	Ben Turpin	Woodhouse Grove	West Park Leeds
11.	Mickey Ryan	The Morley Academy	
12.	Max Adams	QEGS Wakefield	
13.	Nelson Delailomaloma	Giggleswick School	
14.	Caleb McConville	Fishermore RCHS	
15.	Sam Longfellow	GSAL	
16.	Tom Haywood	QEGS Wakefield	Morley
17.	Archie Flinton	GSAL	
18.	Mac Walsh	QEGS Wakefield	
19.	Freddie Zieglar	Woodhouse Grove	
20.	Liam Meek	Cardinal Heenan HS	
22.	Adam Dunwell	Settle College	North Ribblesdale
23.	Daniel Norman	Wolfreton	Hullensians

Team Manager/Chair of Selectors	Kevin Davey
Lead Coach	Tom Ryder
Coach	Dan Storey
Coach	Declan Hampson
Coach	Wayne Warren



# Lancashire U18s v Yorkshire U18s



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## **Cryotherapy Benefits**

Reduces inflammation

Increases energy

Lessens muscle soreness and tension

Relieves pain from injuries or joint disorders

Boosts metabolism and contributes to weight loss

Increases collagen production, reducing cellulite and signs of aging

Improves mood via a rise in endorphins

Has an anti-oxide effect, which can slow aging and help prevent osteoporosis

Has also been used to help elevate testosterone levels in men

Supports the treatment of multiple sclerosis

Helps solve insomnia, migraines, gout and asthma

# *‘Always there to lend a Cauliflower Ear’*

*Mental Health & Emotional Wellbeing support campaign  
provided by Lancashire County RFU*

Mental health & emotional wellbeing issues affect, directly or indirectly, many people. It is estimated that 1 in 4 people in the UK will experience a mental health problem each year and 1 in 6 people in the past week experienced a common mental problem!!

That’s just over 2 players in your team! Yet, your teammates facing these challenges can face stigmatisation and discrimination leading to a reluctance to reach out for timely support.

The Cauliflower Ear is a rugby club-based campaign, created & funded by Lancashire County RFU, aimed at increasing awareness of mental health & emotional wellbeing issues within clubs and providing support as needed.

Bespoke artwork posters displayed prominently in clubs will provide a focal point to raise consciousness and provoke positive conversations around mental health & emotional wellbeing. The artwork will be changed throughout the season to maintain a freshness and continue the conversation. It carries the contact details for professional support with counsellors put in place & funded by Lancashire County RFU to support the members of its constituent clubs.

Alongside this, the aim is for each club will have a mental health champion specifically trained in mental health awareness and who is knowledgeable of services available so they can signpost people requiring support in the right direction.

*You don’t need to be a trained health care professional to care.*

*You don’t need to be a trained health care professional to have a conversation.*

*You don’t need to be a trained health care professional to*

*‘lend a Cauliflower Ear’!*



## Fixtures 2019-2020

Team	Opposition	Result	Venue
<u>Senior XV Mens</u>			
09 May 2020	Durham (H)		
16 May 2020	Eastern Counties (H)		
23 May 2020	Yorkshire (A)		
21 Jun 2020	Final		Twickenham
<u>Senior XV Womens</u>			
25 Apr 2020	Northumberland (H)		
09 May 2020	Durham (A)		
16 May 2020	Yorkshire (H)		
23 May 2020	Semi Final		
<u>U20s</u>			
26 Jan 2020	Durham (H)		Tyldesley RUFC
23 Feb 2020	Yorkshire (A)		Yarnbury RUFC
29 Mar 2020	Quarter Final		
12 Apr 2020	Semi Final		
03 May 2020	Final		Twickenham
<u>Royals XV</u>			
28 Dec 2019	Anti Assassins	Won 21-24	Blackburn RUFC
12 Feb 2020	Cheshire Harvesters (H)		
16 May 2020	Eastern Counties (H)		
<u>U18s Boys</u>			
01 Dec 2019	Durham (A)	Won 17-38	Blaydon RFC
15 Dec 2019	Cheshire (A)	Won 31-33	Chester RFC
12 Jan 2020	Yorkshire	Won 29-16	Penrith RUFC
<u>U18s Girls</u>			
<u>U17s Boys</u>			
01 Mar 2020	Yorkshire (A)		Selby RUFC
05 Apr 2020	Cheshire (H)		
26 Apr 2020	Cumbria (H)		
<u>U16s Boys</u>			
19 Jan 2020	Yorkshire A & B (H)		Burnage RUFC
02 Feb 2020	Cheshire A & B (A)		Chester RUFC
01 Mar 2020	East Midlands A & B (H)		
<u>U15s Boys</u>			
15 Mar 2020	Yorkshire (H)		
29 Mar 2020	Cheshire (A)		
<u>U15s Girls</u>			