

Date: 18th October 2018



Another successful evening at the office for the Lancashire Development Centre !

On Wednesday 17th October Lancashire Development Centre staged a technical session on Front Row play hosted by Rochdale Rugby Club . Over 50 players and coaches from Bury, Oldham, Rochdale, Littleborough and other Lancashire clubs really benefited from three experts in the field . Alex Loney, Nick Flynn and Phill Mills (all senior Lancashire XV Bill Beaumont Cup Winners) delivered sessions on scrum engagement, Lineout and loose play for props and hookers . There was also a session on building an 8 man scrum with some excellent detail being imparted .

The Lancashire Development Centre worked closely with RFU Development Coaches Paul Arnold and Arron Howorth who identified a number of players and coaches from the area and this combined with the registration work done by Tom Fitzgerald ensured a superb turnout for the event.

Development Centre Manager Mark Nelson said

“ the session at Rochdale Rugby Club , which has superb facilities, is a great example of the work the County is doing in developing coaches and players at the clubs . It is exciting that we worked closely with RFU Development Coaches Paul Arnold and Arron Howorth for this event and following the success , I will be looking to stage more sessions of this nature .

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This is another example of how we in Lancashire are leading the way in providing quality development experience for our club players and coaches ,furthermore linking in with the RFU local staff following their restructure I can see some exciting projects in the future , which will be of great benefit to the rugby community in the county “



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