

Date: 13th September 2018

Lancashire Development Centre completed the pre/early season round of technical sessions for coaches and players at Burnley RUFC this week . The programme included Skills Development with Warren Spragg at Trafford MV , The Breakdown with Dave Muckalt at Leigh and The Lineout with Phill Mills at Burnley .

Overall nearly 100 coaches attended with 50 players receiving expert input to support the superb work being done through the clubs . 35 Clubs , Universities and Schools were represented at the sessions and all the events were very well received by players and coaches alike .

Mark Nelson , Lancashire Development Centre Manager said

“ the popularity of the programme demonstrates the importance of the work we do with Coaches and players in the County .

The RFU has a nationwide programme of generic skill development but we target specific elements of the game and ask highly experienced and talented current and former Lancashire County players and coaches to deliver a personal insight into these varied aspects of the game ... this is unique to Lancashire .

This time round Warren Spragg , Dave Muckalt and Phill Mills presented excellent sessions on Skill Development , The Breakdown and The Lineout to Club 1stXV players at Trafford MV , Leigh and Burnley Rugby Clubs . The popularity of the programme was demonstrated in the numbers that came along . The courses are funded by Lancashire Development Centre through the County Strategic Plan and as I say are unique to our County .

We have an incredible record of success with the Senior Men’s Team in the County Championship in the past two decades and I bring through a great number of former and current players to pass on their expertise to our club coaches at these sessions .

We have a wealth of talent in both players, coaches and administrators in both the men’s and women’s game in Lancashire and we seek to continue to nurture and develop the next stage of our talent pool through our various programmes in the Development Centre .

Next month we will stage a mentoring session for our Academy Coaches and Club Mentoring Scheme which is run by Chris Briers . Penny Crisfield will present , she is a leader in this field nationally and internationally.

We will also be running a workshop at Rochdale RUFC on October 17th on front row techniques and Skills . “

Please feel free to download and distribute to your members or print and display in your club.

NEWS ALERTS should be sent to:-

websitenews@lancshirerugby.com

Photos from the events:



The Lineout – Phil Mills at Burnley RUFC



Skills Development with Warren Spragg at Trafford MV RUFC

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The Breakdown – Dave Muckalt at Leigh RUFC

Many Thanks to all who took part

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