

Date 24th August 2019



On Wednesday 21st August Lancashire Development Centre held a Player / Coach Development session at Burnley RUFC . The theme was technical skills at the breakdown and was expertly delivered by Dave Muckalt .

Development Centre Manager Mark Nelson said “ what was great about this particular session was that both the Clubs mens and women’s team took part at the same time doing the same skills ie trained together. This isn’t a PC observation rather an exceptionally good example of how resources can be maximised by integrating the two sets of players at a club instead of constantly doubling up . There were no negative physical issues as players were working on specific techniques and there was a great sense of “one club” around the session on the pitch and afterwards in the club house when the coaches and players enjoyed some excellent food together and talked about the game in general .

There is another session at Eccles in September then I will be announcing more Development activity through the season “



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